

Therapeutic Social Work



Hayley Chenoweth
Senior Social Worker

I maintain a trauma and disabilityinformed lens when working with children, supported by theoretical frameworks and evidence-based literature, such as: Non-Directive Play Therapy, Broaden and Build Theory, Value Affirmation and Systems Theory.





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HenderCare's Social Work team provides therapy services to young children with varying needs and disabilities.

We take a play-based approach that aims to create emotional experiences and build resilience by gaining control over fears, reducing stress and increasing well-being and a sense of self.

We support the child to take the lead in play and in doing so, help them to learn how to self-soothe and increase their behavioural regulation.

Social work can be beneficial for children accessing Early Childhood Early Intervention (ECEI) and can also assist families through education and coaching.

We can assist with:

- ECEI key worker role / parent education / coaching
- Assessment of carer stress/family support
- Parenting capacity / attachment concerns
- Major life transition planning (e.g. school, employment etc)
- Behaviour concerns
- Grief and loss counselling
- Social skills interventions
- Emotional regulation
- Self esteem / identity issues
- Sexual health / relationships / understanding consent
- Support around routines (RBI)

How to find out more

If you would like to know more about our social work service, please contact our Allied Health team on 1300 764 433 or email hello@hendercare.com.au.