



hendercare

**“They understand my  
needs and have helped  
me a great deal.”** - Jules 2020

**Supporting  
your goals**



## You set your goals, we help you reach them

As an experienced NDIS provider, at HenderCare, it's our job to support you in achieving your goals and strengthening your capacity to live confidently in your community.

We understand the importance of carefully matching you with staff who are the best fit for you and your needs. We provide services including:

- Home & Community Supports
- Support Coordination
- Psychosocial Supports
- Therapy Services
- Plan Management
- Supported Independent Living (SIL)

**Phone** 1300 764 433

**Email** [hello@hendercare.com.au](mailto:hello@hendercare.com.au)

**Web** [hendercare.com.au](http://hendercare.com.au)



## Home & Community Supports

We pride ourselves on providing you with fast access to quality home and community services and are ready to support you with your NDIS plan.

### HOUSEHOLD TASKS

Cleaning and tidying around the home and garden maintenance.

### PERSONAL CARE

Assistance with showering, dressing, eating, transfers and positioning.

### COMMUNITY SUPPORT

One-on-one social outings or help to connect with your community.

### 24 HOUR / LIVE-IN SUPPORT

Around-the-clock care when needed.

### LIFE SKILLS DEVELOPMENT

Developing skills to promote your independence.

### MEAL PREPARATION

Assistance to prepare meals on your behalf or to assist you.

### NURSING & COMPLEX CARE

Nurses on staff who can provide assistance with a range of medical needs including ventilator and tracheostomy management, PEG feeding, medication management and implementing behaviour management guidelines.

### SHOPPING

Assistance at the shops or we can complete the shop for you.

### TRANSPORT

Transport to and from medical appointments and social outings.

### IN-HOME RESPITE

Support to help loved ones take a break when needed.

## Support Coordination

Our Support Coordinators will help you understand and implement the funded supports in your NDIS plan. With a focus on building your skills, we support you in making informed choices about your funding and connect you with providers to deliver your services.

## Psychosocial Supports & Recovery Coaching

If you require psychosocial support, we can offer a range of capacity building and core support services to help increase your independence and social and economic participation.

We can also provide Recovery Coaches to help you plan your recovery journey and then support you as you go through it.





# Therapy Services

We deliver a range of therapy services in-home, in-clinic or via Telehealth\*. We are experienced in assisting adults living with a disability and also employ a paediatric specialist team who can assist with Early Childhood Early Intervention (ECEI) services.

## PHYSIOTHERAPY

We work with you to help improve your mobility, function and independence in your chosen daily activities.

## OCCUPATIONAL THERAPY

Assistance to maintain and improve your safety, participation and independence in the tasks that matter most to you.

## SPEECH PATHOLOGY

We assist if you are having problems with communicating and/or swallowing.

## PSYCHOLOGY

We work with you to address psychological, emotional or behavioural issues that might be affecting your quality of life.

## PLAY THERAPY

Play Therapy helps children living with a disability better express themselves and learn to cope with difficulties.

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# Supported Independent Living

We can offer Supported Independent Living (SIL) services to help increase the independence of participants. Whether you have lower, standard or complex SIL needs, we can provide a team of friendly, qualified support workers to assist with daily living tasks.

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# Plan Management

Supporting you in managing your NDIS budget and funding, our Plan Managers take care of the financial side of your NDIS journey. Less time on invoice payment and NDIS claims mean that you have more time to make the most of your services.



**hendercare**

Giving all for health and community care.

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Information outlined in this brochure is effective as at 1 June 2021.

\* Please note that Therapy services are currently only available in certain states and territories