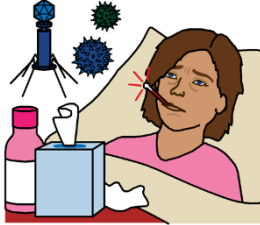


## About Coronavirus (COVID-19)

### What is coronavirus (COVID-19)?



Coronavirus is an illness which is affecting many people all around the world.



Coronavirus is spreading quickly to lots of different countries. This is called a pandemic.

### What happens if you have coronavirus (COVID-19)?



Coughing.



Hard to breathe.



High temperature (fever).

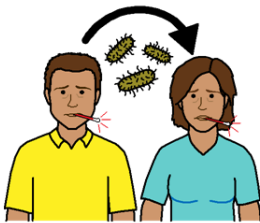


Most people who get coronavirus do not get very sick. It feels the same as having a cold or flu.

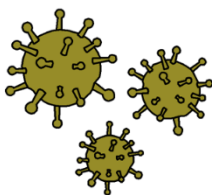


Some people may need to go to hospital.

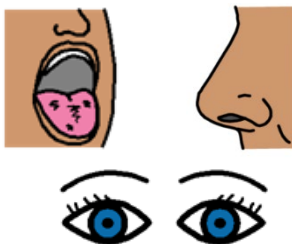
## How do you catch coronavirus (COVID-19)?



You can catch coronavirus if a person with coronavirus gives you their germs.



This can happen if they cough or sneeze and their germs get into the air, onto you or on things around you.



Germs get into your body through your mouth, nose and eyes.

## You are at risk of catching coronavirus if you:



Have just come back from overseas



Have spent time near somebody who has coronavirus.

## What should you do if you think you have coronavirus?



Call your doctor.



Stay at home.



Avoid getting too close or touching other people.

This information sheet uses Picture Communication Symbols (PCS®).

Prepared by HenderCare ([www.hendercare.com.au](http://www.hendercare.com.au))

## How can you help to stop coronavirus (COVID-19) from spreading?



Cough or sneeze into your elbow.



If you use a tissue, throw it in the bin straight away.



Try not to touch your face. This is how germs get into the body. If you have to touch your face, use a clean tissue (and throw it away afterwards).



Keep objects and surfaces clean.

### Wash your hands:



Before you eat.



After you go to the toilet.



After being in a public place (like the shops).

### How to wash your hands:



Use lots of soap and water.



Wash for at least 20 seconds.



Use hand sanitizer (only if you can't use soap and water right now).

### For more information:

World Health Organization (WHO)

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

Australian Government: Department of health

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>

This information sheet uses Picture Communication Symbols (PCS®).

Prepared by HenderCare ([www.hendercare.com.au](http://www.hendercare.com.au))